

4. Brooke Leifso and Mona Sahi: A body among bodies

A body among bodies is a captioned video artwork created by Brooke Leifso and Mona Sahi in 2026. The video is 5 minutes and 20 seconds long.

The video is playing in a continuous loop on a black television mounted to the wall. There is a soft, grey bench positioned parallel to the wall, approximately 1.5 metres away. Below the television are two headsets for listening to the artwork's audio. A white brochure holder is mounted to the left of the television. It holds a free, paper leaflet detailing Edmonton and Alberta-based organizations and resources aimed at protecting disability and social supports, and connecting those who are impacted by them. A screen reader friendly PDF of the leaflet can be found on this webpage.

The video begins with the two artists in profile against a white background. The frame is cropped at chest height and both artists wear black. Brooke is a white settler Canadian woman in her thirties with light brown shoulder length hair half pulled back. She is in the foreground and is turned to face the right. Mona is behind her and facing left. Mona is an Iranian woman in her thirties with curly salt and pepper hair pulled back into a bun. Brooke's shadow falls in front of her, to the right, casting the echoed shape of her profile onto the white background.

The artists hold their positions in profile throughout the video. After about a minute and half has passed, when Mona begins to count, the image blurs and flips so that Brooke is facing left, and Mona, to the right. When Brooke begins speaking again, the image returns to its previous composition and clarity. Every time the artists are counting, the image blurs, and at the end, it flips, showing them upside down. At 4 minutes and 45 seconds, the artists slow their voices as the image fades to black.

About the artwork and artists:

A body among bodies explores the current state of disability support within an individual and community. With an emphasis on care and reflection rather than resolution, the work questions our shared responsibility in shaping a society that is thoughtful, inclusive, and accountable to individuals with different abilities and forms of embodiment. Crucially, the video engages the social model of disability, which emphasizes how disability is produced by environments, attitudes, and societal barriers rather than being located within a body.

Mona Sahi is an Iranian multidisciplinary artist working across interactive sculpture, installation, performance, sound, and video. Mona's artwork is grounded in activism, resistance, and a deep commitment to social justice.

Brooke Leifso is a Disabled/Crip performance artist and producer, Expressive Art Practitioner, access consultant, and academic. She has made artwork with youth, disability communities, communities in conflict, as well as through collective creation and as a solo performance and theatre artist.

To find the next artwork, follow this wall to your right past a pillar and a chair where a large sculpture is placed about a foot in front of the wall.